

TWO-MINUTE VISUALIZATIONS*

SUCCESSING
AT SOMETHING
YOU'VE NEVER
TRIED BEFORE

SENDING
YOURSELF
LOVE AND
COMFORT AT
EVERY STAGE
OF YOUR LIFE

YOUR
HIGHEST AND
MOST
AUTHENTIC
SELF

DREAM
HOUSE -
ALL THE
DETAILS!

THE BEST PHONE
CALL OF YOUR
LIFE (WHAT
AWESOME NEWS
DO YOU GET?)

YOUR
PERSONAL
OASIS

SURROUNDED
BY EVERYONE
YOU LOVE AT
A PARTY TO
CELEBRATE
YOU!

THE BEST
POSSIBLE
DAY YOU
CAN HAVE
TODAY

DREAM
VACATION -
WHERE ARE
YOU? WHO
ARE YOU
WITH?

THE PERFECT
JOB THAT
MAKES YOUR
SOUL SING

@ZANNAKEITHLEY

*OR ONE MINUTE, FIVE MINUTES, TEN MINUTES, WHATEVER YOU WANT! REMEMBER TO USE ALL YOUR SENSES!