

AFFIRMATIONS FOR CONFIDENCE

I AM COMPETENT, CAPABLE, AND STRONG.

I AM EQUIPPED WITH ALL THE TOOLS I NEED TO SUCCEED.

I ACHIEVE MY GOALS. I OVERCOME MY CHALLENGES. I LIVE WITH PASSION.

I RELEASE THE STORYLINES HOLDING ME BACK. I CAN DO ANYTHING.

EVERY DAY, I BECOME MORE CONFIDENT, COMPASSIONATE, AND COURAGEOUS.

I AM WORTHY OF BEING CHOSEN.

I AM FEARLESS IN THE PURSUIT OF WHAT SETS MY SOUL ON FIRE.

I AM CAPABLE OF SURPASSING ALL MY EXPECTATIONS AND ACHIEVING
EVERYTHING I SET MY MIND TO (AND MORE).

I WAKE UP TODAY FEELING CONFIDENT, STRONG, AND EMPOWERED.

I'VE COME THIS FAR, AND I WANT TO SEE WHAT HAPPENS WHEN I DON'T GIVE
UP.

I AM THE ONLY ONE WHO CAN DETERMINE MY SELF-WORTH.

I AM READY, WILLING, AND ABLE TO HAVE EVERYTHING I WANT.

THE WORLD NEEDS MY LIGHT. I AM UNAFRAID TO SHINE.

I AM CAPABLE, STRONG, WORTHY, AND ALWAYS ENOUGH.

I CAN ACHIEVE WHATEVER I SET MY MIND TO.

I CAN AND I WILL.