

AFFIRMATIONS FOR A JOYFUL LIFE

I HOLD THE KEY TO MY OWN HAPPINESS.

I EMBRACE THE MIRACLES, MAGIC, AND ADVENTURES OF TODAY.

REGARDLESS OF MY EXTERNAL CIRCUMSTANCES, I CHOOSE TO CULTIVATE HAPPINESS WITHIN.

TODAY, I ALLOW MYSELF TO LIVE IN THE MOMENT AND RELEASE ANY WORRIES ABOUT THE PAST OR FUTURE.

I AM CREATING THE LIFE OF MY DREAMS.

I AM AT PEACE WITH MY PAST. I AM IN LOVE WITH MY PRESENT.

I STAND IN THE JOY THAT I CULTIVATE FROM WITHIN.

I ALLOW MYSELF TO DREAM BIG, KNOWING I AM ALWAYS WORTHY.

I DESERVE INFINITE JOY. INFINITE JOY IS MY BIRTHRIGHT.

I DESERVE TO LIVE A JOYFUL, VIBRANT, PASSIONATE LIFE.

I VIBRATE POSITIVE, LOVING, ABUNDANT ENERGY, AND I ATTRACT THIS SAME ENERGY IN RETURN.

LIFE IS BEAUTIFUL. I HAVE TIME. THERE IS NO RUSH.

HAPPINESS IS MY BIRTHRIGHT. I CHOOSE TO BE HAPPY. I DESERVE TO BE HAPPY.