

MONDAY MORNING AFFIRMATIONS

- I wake up today feeling strong, confident, and empowered.
- As the sun rises, so does my energy.
- I approach this day with joy and excitement.
- Today is a gift, and I embrace it with positivity.
- I'm so incredibly grateful for a fresh start and a brand new week.
- I am ready and willing to receive all of the miracles and magic coming my way.
- I courageously walk through every door of opportunity.
- I am capable and equipped to handle anything that comes my way today.
- I am equipped with all the tools I need to succeed.
- I follow my intuition and know that nothing is put before me that I can't handle.
- I am confident, courageous, and thriving.
- I radiate pure love, light, and positivity.
- I am a powerful force for good in this world.
- As I move through this day, I pledge to spread my light wherever I go.
- Today, I choose faith over doubt and courage over fear.
- I inhale positive energy and exhale my fears.

- I love and accept myself for exactly the person I am right now.
- I feel good about the path I'm on and the life I'm creating for myself.
- This week, I pledge to live a happy, healthy, fulfilling life.
- I embrace the fresh starts and new beginnings that Monday offers.
- Today is filled with new opportunities and experiences, and I open my heart to receive them all.
- Today is a magical gift, and I pledge to be present and live fully in each moment.
- This day is filled with limitless potential. (And so am I!)
- I have everything I need within me to create a beautiful day.
- I release all fear and welcome new beginnings.
- I trust that everything is always working out for my highest good.
- I am always headed in the right direction.
- Good things are happening all around me.
- I believe in myself, my talents, and my abilities.
- I have the power to change my story.
- No matter what happens, I will offer my best self today.
- I make the best and most of everything that comes my way.
- I choose to seek the good in every situation.
- Every experience I have today perfectly supports my growth.

- Everything I do today leads me to a better tomorrow.
- Every little step I take makes a big difference.
- I am extraordinarily capable of achieving everything I dream of and more.
- Today is an opportunity for a fresh start and a new beginning.
- Where focus goes, energy flows, so I focus on peace, success, and positivity.
- This day is filled with immense, boundless treasures for me to explore.
- My mind is free of resistance and open to all possibilities.
- I am tuned into passion, positivity, and prosperity.
- I feel peaceful and relaxed knowing I am exactly where I am meant to be.
- I am a kind, loving, powerful force in the world.
- I choose to be happy right now.
- Today is a miracle.
- Today is a really good day.
- Today might not be perfect, but it will be beautiful.
- Today is my day.
- This day belongs to me.

ZANNAKEITHLEY.COM