



SACRAL CHAKRA AFFIRMATIONS

I AM OPEN TO THE FLOW OF CREATIVITY.

I AM CREATIVE, PASSIONATE, AND INSPIRED.

I FEEL JOYFUL, ENERGETIC, AND ALIVE.

I AM PURE, POSITIVE ENERGY.

MY EMOTIONS FLOW FREELY IN A BALANCED AND HEALTHY WAY.

I ALLOW THE FLOW OF POSITIVE ENERGY TO EFFORTLESSLY MOVE THROUGH ME.

I LIVE A CREATIVE, VIBRANT, PASSIONATE LIFE.

I AM VIBRATING PURE JOY, ABUNDANCE, AND PROSPERITY.

ENDLESS PROSPERITY FLOWS TO AND THROUGH ME.

I AM CULTIVATING A BEAUTIFUL LIFE FREE OF STRESS, WORRIES, OR FEAR.

I DESERVE ABSOLUTE AND UNCONDITIONAL BLISS.

UNCONDITIONAL JOY IS MY BIRTHRIGHT.

I MAKE SPACE IN MY LIFE FOR PLAY.

PLAY IS A PRIORITY, NOT AN OPTION.

IT IS RIGHT FOR ME TO CHOOSE JOY, FUN, AND PLAY IN MY DAILY LIFE.

I FIND NEW WAYS TO EXPRESS MY CREATIVITY.

I AM CONNECTED TO AN ENDLESS SOURCE OF INNOVATION, INSPIRATION, AND CREATIVITY.



SACRAL CHAKRA AFFIRMATIONS

I RADIATE PASSION AND PROSPERITY.

I EMBRACE LIFE WITH VIGOR AND PASSION.

LIMITLESS JOY IS MY BIRTHRIGHT.

I DEEPLY RESPECT AND HONOR MY SACRED BODY.

MY BODY IS A WORK OF ART.

MY BODY IS A MASTERPIECE.

I HONOR MY OWN DIVINE SENSUALITY.

I AM A SENSUAL AND PASSIONATE BEING.

I EMBRACE INTIMACY WITH OTHERS.

I HONOR MY DESIRES.

I LISTEN TO MY SACRED BODY AND GIVE IT WHAT IT NEEDS.

I AM COMFORTABLE MOVING MY BODY IN WAYS THAT FEEL GOOD TO ME.

I AM WORTHY OF BEING DESIRED.

I AM WORTHY AND DESERVING OF RESPECT FROM MYSELF AND OTHERS.

I AM OPEN, HONEST, FORGIVING, AND COMPASSIONATE.

I AM FLEXIBLE, ADAPTABLE, AND OPEN TO CHANGE.

I KNOW MY SELF-WORTH, AND I WILL NOT SETTLE FOR LESS THAN I DESERVE.

ALL THAT I AM IS IN PERFECT HARMONY.