

# SELF-LOVE AFFIRMATIONS

75 SELF-LOVE AFFIRMATIONS TO CELEBRATE YOUR WORTHINESS

- I am worthy of unconditional love.
- Unconditional love is my birthright.
- I choose to love myself exactly as I am.
- I am aligned with the highest frequency of love.
- My soul's expression is beautiful and unique.
- I am a beacon of love and compassion.
- I lead with love.
- I deserve real, wholehearted, unconditional love.
- I am strong in mind, body, and spirit.
- I am beautiful, brilliant, and brave.
- Who I am, exactly as I am, is truly beautiful.
- I release self-criticism and choose self-love.
- I own my power and recognize the strength inside me.
- I am proud of my journey and how far I've come.
- I am *radiant* when I smile.
- I love the strong, powerful, divine human staring back at me in the mirror.
- Every choice I make for myself is rooted in love.
- I truly love my body and all that it does for me.
- No matter what, my body is always worthy of love and respect.
- I inhale unconditional self-love. I exhale self-judgment and self-criticism.
- I love myself fully now as I continue to evolve.
- I am true to myself, always.
- I accept *all* of myself.
- I choose to love my imperfect self perfectly.
- I am filled with positive, loving energy.
- I am competent, capable, and strong.
- I deserve to live a joyful, vibrant, passionate life.
- I believe I can be all that I want to be.
- I am worthy and deserving of my beautiful dreams.
- I have what it takes to be successful in all that I do.
- The world needs my unique skills and talents.
- I choose to love myself as deeply as I love others.
- I deserve to be loved just as I am.
- I fully love and embrace who I am, even as I continue to grow.
- I treat myself with love and compassion.
- I am worthy of praise, adoration, and unconditional love.

- I choose authenticity over perfection.
- I am courageous and stand up for myself.
- I rise above negative thoughts and low actions.
- I am able to accept beautiful abundance into my life.
- I am glowing, ravishing, and radiant.
- My love for myself is bold, fierce, and unconditional.
- I choose to be kind and compassionate to myself when I make a mistake.
- My strength is always greater than any struggle.
- I embrace my own greatness.
- I am able to live in love.
- I stay true to my authentic self.
- My feelings and opinions are always valid.
- I never settle for less than I deserve.
- I fall more in love with myself every single day.
- Everything I'm looking for I can find within me.
- I deserve the best and I accept the best.
- I am enough, just as I am.
- I chose faith over fear and peace over perfection.
- I hold space for myself and honor my needs.
- I allow myself to do what is right for me.
- I honor the commitments I make to myself.
- I deserve the same time, love, and attention that I so easily offer to others.
- I am the positive, loving, abundant energy that I want to attract.
- I bring light with me wherever I go.
- I honor my inner knowing and stay true to myself always.
- I am brave, bold, and authentic.
- My true self is a beautiful sight to behold.
- My true self shines brightly.
- I accept love from others. I accept love from myself.
- I love myself completely and I allow others to love me, too.
- I am safe. I am protected. I am loved.
- I hold space for both the darkness and light inside of me.
- I love, honor, and nurture both my shadows and my light.
- I love all parts of me equally.
- I am worthy, strong, powerful, courageous, and always enough.
- I am enough. I have always been enough. I will always be enough.
- I am magnificent.
- I am breathtaking.
- I am extraordinary.