



## THIRD EYE CHAKRA AFFIRMATIONS

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I LISTEN TO MY INNER KNOWING IN THE FACE OF UNCERTAINTY.

I SEE AND THINK CLEARLY.

MY MIND IS STRONG, OPEN, AND CLEAR.

I AM MENTALLY STRONG, HEALTHY, AND RESILIENT.

I TRUST MY INTUITION TO GUIDE ME IN MAKING GOOD DECISIONS.

MY INNER KNOWING ALWAYS KNOWS THE WAY.

MY INNER KNOWING SEES PAST APPEARANCES AND ALWAYS KNOWS THE TRUTH.

I KNOW MORE THAN I EVEN REALIZE IN THIS MOMENT.

I RELEASE ALL BLOCKAGES THAT OBSCURE MY INNER GUIDANCE SYSTEM.

MY MIND IS FREE OF RESISTANCE AND OPEN TO ALL POSSIBILITIES.

I AM OPEN-MINDED AND ALWAYS SEEK THE TRUTH.

IN EVERY SITUATION, I CHOOSE TRUTH AND AUTHENTICITY.

I FOLLOW MY INTUITION AND KNOW THAT NOTHING IS PUT BEFORE ME THAT I CAN'T HANDLE.

ALL THAT I SEEK I CAN FIND WITHIN ME.

I AM INSIGHTFUL, INTUITIVE, AND IMAGINATIVE.

I AM OBSERVANT, THOUGHTFUL, AND PERCEPTIVE.

I POSSESS A BRILLIANT, BOLD, AND CREATIVE MIND.

MY IMAGINATION IS VAST, EXPANSIVE, AND ENDLESS.



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MY LIMITLESS IMAGINATION EXCITES ME.

I EMBRACE CREATIVE AND IMAGINATIVE THINKING.

I ALLOW MYSELF TO DREAM BEYOND THE CONFINES OF MY PHYSICAL REALITY.

I RELEASE DOUBT AND WELCOME FAITH.

I AM ALIGNED WITH MY HIGHEST AND MOST AUTHENTIC SELF.

I AM IN ALIGNMENT WITH MY PURPOSE.

I AM ADAPTABLE TO CHANGE, ESPECIALLY WHEN I KNOW THAT IT SERVES MY HIGHEST GOOD.

I TRUST THAT ALL CHANGES IN MY INNER AND OUTER WORLDS ARE FOR MY HIGHEST GOOD.

I EMBRACE MY OWN BEAUTIFUL TRANSFORMATION.

I TRUST THE SIGNS AND SYNCHRONICITIES THAT SHOW UP IN MY DAILY LIFE.

I HONOR MY INNER KNOWING AND TRUST MY PATH.

I HAVE UNOBSCURED ACCESS TO MY INNER GUIDANCE SYSTEM.

MY INNER WISDOM IS DEEP AND IMMEASURABLE.

I HAVE THE VISION AND CLARITY TO SEE MY PATH AND THE TRUST AND CONFIDENCE TO WALK FORWARD IN MY JOURNEY.

I CONSCIOUSLY CHOOSE TO TRUST MY PATH, EVEN WHEN IT DOESN'T MAKE SENSE TO OTHERS.

EVERY TIME I TRUST MY INNER KNOWING, MAGIC HAPPENS.



## THIRD EYE CHAKRA AFFIRMATIONS

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MY INTUITION NEVER FAILS.

MY INTUITION DRIVES ME TO TAKE INSPIRED ACTION WITH FAITH AND TRUST.

I KNOW THE NEXT RIGHT STEP BECAUSE I HEAR THE WORDS ECHOING IN MY HEART.

THE ANSWERS I SEEK ARE ALWAYS WITHIN.

I SURRENDER TO THE HIGHEST GOOD FOR ALL.

I SURRENDER CONTROL AND ALLOW THE UNIVERSE'S LOVING PRESENCE TO GUIDE ME.